



Services

Kabbalat Shabbat

Friday, November 4th & 18th from 5:45 PM – 6:30 PM *Zoom only*

Friday Night Live Service with Dinner *see attached flyer*

Friday, November 11th *In Person & Streaming*

Service from 6:00 PM – 7:00 PM with dinner to Follow

No Kabbalat Shabbat Services on Friday, November 25th – Thanksgiving Holiday Weekend

Morning Shabbat

Saturday, November 5th & 12th at 9:30 AM * In Person & via Zoom*

Free Kiddush Luncheon immediately following services *see attached flyer*

Saturday, November 5th at 11:00 AM

Bat Mitzvah of Rachel Picraux

Saturday, November 19th at 9:30 AM *In Person & Streaming*

No Kabbalat Shabbat Services on Saturday, November 26th – Thanksgiving Holiday Weekend

Tuesday Minyan

Tuesday, November 1st, 8th, 15th, 22nd & 29th at 5:30 PM *Zoom only*

Events

Sisterhood Winter Clothing Drive *see attached flyer*

Beginning November 1st thru December 16th

Sprouts Program: Thanksgiving *see attached flyer*

Sunday, November 13th from 9:15 AM – 10:15 AM

Sisterhood Book Review of Florence Adler Swims Forever *see attached flyer*

Sunday, November 20th at 9:30 AM



The Hebrew Month of Mar (Bitter) Cheshvan Has Arrived – Therefore Just Get Busy. Not Bitter!

The Hebrew month of Mar (bitter) Cheshvan officially arrived on our Jewish calendar on Oct. 26, 2022. Why is this referred to as a “bitter” month? In this case, the term was invented by the rabbis who projected, as it were, actual “feelings” onto the month for one reason – this is a month where there are no Jewish holidays, and they felt that the month itself was jealous regarding the other months, which have sometimes more than one holiday in it, and therefore felt “bitter” or angry about it!

Now while it’s certainly true that there is a tremendous amount of energy devoted to the other holidays, in terms of anticipation, preparation – both spiritually and physically in terms of cooking, and so much other preparation – followed by the actual observance of the holidays and festivals themselves—the fact is, that from time to time we need breaks and calmness in order to regroup and re-stabilize. Often such a calming time can itself be very healthy and rejuvenating in itself!

Therefore, I have the “perfect” rabbinic suggestion under the circumstances: consciously take a few days off solely for the purpose of feeling “grounded and stabilized” again after our intense and moving shared holidays, and then stay busy by joining a committee of Temple Torat Yisrael, such as programming or membership, or sign up for one of our upcoming classes, or start coming regularly to some of our ongoing services. By keeping “busy”, there shouldn’t be as much time left to be “bitter” in Cheshvan, and you’ll know that you’re constantly geared towards helping others and strengthening our community!

--Rabbi David Barnett



Shalom fellow Congregants.

The High Holidays of 5783 are behind us now. I hope you found this time of deep reflection a positive, satisfying experience. While Rabbi Barnett and I thanked the people who contributed to making the live and streaming services so moving and successful, I’ll take this opportunity to again thank everyone who

contributed to the services and Break-the-Fast. I also want to thank all our members and their guests who participated in the services. It was so gratifying to see so many people and so reaffirming that we are truly a community.

Our Simchat Torah service was such an uplifting experience too. Rabbi Barnett promised us a special service and, with the help again of David Wasser and Jonathan Finkle (Angela Libman unfortunately was recovering from an illness), he delivered on that promise. I could be mistaken, but I think that was the largest gathering of our young people on Simchat Torah for many years - certainly for the years since Ellie and I have been members.

As I said in my addresses to the congregation on Rosh Hashanah and Yom Kippur, we have work to do to ensure the future of Temple Torat Yisrael. That work starts in earnest now. The Board will be launching a new capital campaign under the leadership of Andrew Sholes and Dan Weinstein, who will lead a strategic planning initiative, that will map the path to that successful future. Membership, Ways & Means, Programming, Sisterhood and Men’s Club will all be working to provide the kind of community that you want to be a part of.

These board members are working on your behalf. To be successful, they will need your help. While we are a religious, spiritual organization and not a business per se, we do share some similarities to businesses. One similarity is that we cannot survive, unless we offer a service that customers (our members) want. I’ve spent time mentoring young people who want to start new businesses. The most common mistake they make is to invest time and money to launch their business before confirming that there is a market for the product or service they want to sell. Your Board will not make that mistake.

Nov.

Services/Events

Sisterhood
Winter Clothing
Drive
Beginning Nov. 1st
thru Dec. 16th

**Kiddush
Luncheon – Free
to the
Congregation**
Sat. Nov. 5th; 11:00
am

**Friday Night Live
Service & Dinner**
Friday, Nov. 11th;
6:00 pm

In Person &
Streaming

Sprouts
Sunday, Nov. 13th;
from 9:15 – 10:15am

**Bat Mitzvah of
Rachel Picraux**
Sat. Nov. 19th; 9:30
am

In Person &
Streaming

**Sisterhood Book
Review of
Florence Adler
Swims Forever**
Sun. Nov. 20th; 9:30
am

We will be reaching out to you, asking you how we can better serve you, asking about the activities you would find most meaningful and enjoyable. Please help us by sharing your thoughts. Join a committee. Participate in the events and let us know what we do well and what we can do better.

May this new year be sweetening the last.

Michael



Torat Yisrael's Cohen School

The whirlwind of Fall holidays has passed, and the Cohen school is full speed ahead. One of the ways that we explored the holiday of Sukkot was by making sukkah decorations. The K/1 class and the 4/5 class combined to make a beautiful "Bruchim Habayim" sign to hang at the entrance of the temple sukkah. This sign is now in the school wing so feel free to check it out. The 2/3 class and the 6/7 class worked together to create lovely decorated CD's that shone in the sunlight. We love creating opportunities for our older students to mentor the younger classes and we are always so impressed with the connections they make with each other!

The students also participated in a Sukkot program on the 16th, with Rabbi Barnett, by hanging the decorations in the sukkah, shaking the lulav and etrog and reciting the appropriate blessings. The students even had a special brownie treat in the sukkah. A great time was had by all!

Our Sprouts program that was held on October 16th, focused on the holiday of Sukkot. Children, ages 3-5 and their guardians joined Dori and Rabbi Barnett to explore the traditions of the holidays. Children played in the pop-up tent sukkah, colored Sukkot pictures, listened to two silly Sukkot stories, sang songs and created decorations to hang in the sukkah. They also had the opportunity to shake the lulav and etrog and share a snack with each other in the sukkah. The Sprouts program is \$12 per session/\$80 for 8 sessions. The Sprouts program meets once a month from October- May. The next Sprouts, on November 13th, will be led by Rabbi David Barnett and Leah Ross-Coke and will focus on a Jewish version of Thanksgiving. We hope to see you there!

We have begun our weekly all school Tefillah program. On October 2nd, we had our first weekly Tefillah prayer program led by Rabbi Barnett. It was great to finally be all together in the main sanctuary to pray. On October 23rd, students had the opportunity to lead prayers from the bimah, talk about what they learned in the classrooms and dance around with instruments. We look forward to many more prayer practice opportunities with our teachers and Dori leading this hands-on program.

On October 30th, the entire school will be making rainbow challah with Shoshana Laufer of West Bay Chabad, to explore the parashat Noach. Students will be learning about Noah in their classrooms prior to baking. The rainbow challah will symbolize the rainbow that G-d sent to the Jewish people as a covenant that the earth would never be destroyed by water again. We are happy to announce that this challah program will be sponsored by Shalom Memorial Chapel. We are so grateful for their continuous support of programs at the Cohen School.

Hebrew Bootcamp is up and running this Fall. We have 8 students and it is taught by Andrea Allgood and Dori. This Hebrew program meets on Tuesdays from 4:30-5:30 and costs an additional \$100. We have noticed a drastic increase in Hebrew skills in our students that attend this extra hour of learning. We also have fun in person and online games, and creative ways to keep Hebrew learning exciting! It's not too late to join the Tuesday night fun. Contact Dori for more details.

We would like to thank all of the parents who have donated snacks this year. The students are really enjoying the variety! Please email me at school@toratyisrael.org should you have any questions about the Cohen School.



Librarian's Corner

In Five Years: A Novel by Rebecca Serle

Where do you see yourself in five years? Dannie Kohan lives her life by the numbers. She is nothing like her lifelong best friend—the wild, whimsical, believes-in-fate Bella. Her meticulous planning seems to have paid off after she nails the most important job interview of her career and accepts her boyfriend's marriage proposal in one fell swoop, falling asleep completely content.

But when she awakens, she's suddenly in a different apartment, with a different ring on her finger, and beside a very different man. Dannie spends one hour exactly five years in the future before she wakes again in her own

home on the brink of midnight—but it is one hour she cannot shake. In Five Years is an unforgettable love story, but it is not the one you're expecting.

Laura Steele



Sisterhood

We hope your Veteran's Day & Thanksgiving are full of happiness and joy!

On October 23rd, Sisterhood held a cooking demo with Shoshana Laufer. Eleven ladies gathered on the dairy side of the temple's kitchen to learn how to make a personal sized apple cake, with an easy-to-follow recipe. Shoshana also served a full-sized apple cake to sample as we were waiting for our cakes to bake in the oven. We also had a short meeting to discuss upcoming events.

November is Warm Clothing Drive Month and is happening from **November 1st - December 16th**.

Keep us in mind while you're cleaning out your closets. Warm coats and other clothing to be donated to the students and families of large urban High Schools in Providence, and the Clothing Closet of the Edgewood Church. Please bring items to Temple Torat Yisrael and place the bags in the conference room. ***See flyer for more information***

November 20th at 9:30 am is our Book Review. Please join us as we read "**Florence Adler Swims Forever**" by Rachel Beanland. Get your copy at the library, Amazon or Target. ***See flyer for more information***

December 11th - Chanukah Party with a good old fashioned Yankee Swap. It's time for a party, with food and gifts. It's time to put on your Chanukah sweater, if you'd like and bring a gift worth no more than \$20. Get ready for a game where we swap gifts. This event is always a fun time!!

Please join Sisterhood and send in your dues, \$25 year + \$5 for the Mitzvah fund. The Mitzvah Fund pays for the candlesticks for our Bat Mitzvah girls as well as items needed for our Temple's kitchen.

Note:

* Membership in Sisterhood & Men's Club for five years entitles your child to apply for the \$5,000.00 Frederic G. & Lawrence G. Cohen College Scholarship.

* If you are a New Member of Temple Torat Yisrael, your first year of dues to Sisterhood is Free! Come check us out.

***Please join our Temple Torat Yisrael Sisterhood Facebook Page**

***To RSVP to all of our events, please use our Sisterhood email; ttyisisterhood@gmail.com**

Respectfully,

~Judy Finkle Programing VP of Sisterhood



Let's Celebrate Rachel Picraux

Rachel Picraux will be called up to the Torah on November 19, 2022. The Torah portion she will be reading from is Chayei Sarah. In this Torah portion, Sarah dies and is buried. Abraham then has his servant, Eleazar find a wife for Isaac (Rebecca). One of the qualities that is attributed to both Sarah and Rebecca is Chesed. The quality of Chesed displayed by our matriarchs is a quality that Rachel is developing as she becomes a young woman. Her mitzvah project was volunteering at an animal shelter, Scruffy Paws, over the summer. Rachel attends Providence Hebrew Day School and enjoys swimming, playing violin, and reading. She looks forward to

celebrating this special occasion with her family, friends, and the entire Temple Torat Yisrael community on Shabbat at 9:30 am.

Temple Office Closures Announcement

The Temple office will be closed the following days in November:

Thursday, November 24th for Thanksgiving Holiday

Friday, November 25th for Thanksgiving Holiday Weekend

In Our Torah Yisrael Family



Mazal Tov to everyone celebrating a Birthday in November! Dr. Josef Fields, Mark Karnes, Margot Theroux (9 years old), Ruth Ross, Dr. Carlos Tilghman-Osborne, Avery Picchione (16 years old), David Talan, Joel Evans, Nathaniel Ginsburg, Pamela Laptook, Darran Watts (12 years old), Elias Viner (13 years old), Dr. Susan Abbotsen, William Karetny, Lorraine Rappoport, Steven Sholes & Lillian Picchione.

Mazel Tov to everyone celebrating an Anniversary in November! Mr. & Mrs. Lewis Antin (20 years), Mr. & Mrs. Mark Woolf (28 years) & Mr. & Mrs. Arnold Blasbalg (53 years).

Mazel Tov to Sandy & Esta Karp on the wedding of their son, Robert Karp & his wife, Amanda on October 9, 2022.

Our Torah Yisrael Community Acknowledges with Thanks the following Generous October 2022 Donations:

GENERAL FUND

In Memory of Henry Berger
-Phyllis Berger Potash

In Memory of Rose Gilden Berger
-Phyllis Berger Potash

In Donation of Break-the-Fast
-Alan & Anita Olinsky
-Shalom Memorial Chapel & Adam Smith

In Memory of Lani Fleisher
-Barbara & Bill Karetny

In Memory of Jeanette Garfinkel
-Stephen M. Garfinkel & family

In Memory of Carole Goldman
-Hyman Goldman

In Memory of Joseph Greene
-Jim & Sana Greene

In Memory of Max Karetny
-Barbara & Billy Karetny

In Memory of Israel J. Osofsky
-Sarah Osofsky

In Memory of Bruno Schneider
-Peter & Elizabeth Mittler

In Memory of Miriam Solomon
-Barbara & Bill Karetny

In Memory of Dora Stone
-Sylvia Blazar

In Memory of Irene Wilfand
-Wayne Wilfand

ROSE & HAROLD BELLIN FUND

In Memory of Harold Arnold Bellin
-Trudy Katz

MYER GROSSMAN FUND

In Memory of Anna Grossman
-Paul Grossman
-Anita & Alan Olinsky

In Memory of Maurice Grossman
-Paul Grossman
-Anita & Alan Olinsky

KITCHEN FUND

In Memory of Pearl Kozlov-Stayman
-Elaine & Steve Shapiro

WATER HEATER FUND

In Honor of Barry Golden's Birthday!
-Phyllis Potash